

WISDOM TEACHINGS ARCHANGEL MICHAEL <> JANUARY <> 2023
RONNA VEZANE / SACRED SCRIBE
THE MANY FACETS OF ASCENSION

Beloved masters, we will endeavor to give you more information regarding the Ascension process. It is important for you to understand that your physical vessel was encoded for the return into the higher vibrational, more rarified realms of Light from the inception of your earthly embodiment experiences. Also, as humanity evolves, growing in wisdom and becoming more aware of the science and the intricacies of Ascension, there have been many adjustments to the process over the past several hundred years. Some initial Ascension procedures have been discarded and other, more advanced requirements, have been added.

In the past, Ascension was possible for just a select few. Only those who came to Earth to be examples and wayshowers and who were spiritually advanced were allowed into the inner sanctums of the mystery schools. The secret doctrine was only given to those who were considered to be the strongest and most dedicated disciples. The lessons, tests and challenges were strenuous and many perished during the process or did not attain their goal for many lifetimes. That has now changed, for time is running out for the Ascension of the Earth and humanity into the next higher levels of awareness. Many Divine dispensations and much assistance is being offered to those who are striving to meet the challenges and tests of Ascension.

The collective consciousness of humanity is striving to acknowledge and overcome the extreme duality that permeates the Earth. Each and every person, at some level, is fighting a battle to attain Self-awareness—which must include embracing both the Light and shadow side of Self – while endeavoring to return to an accepted range of duality and polarity. Each of you must recognize and claim your shadow side – your demons within – so that they, too, may embrace the Light of transformation. Human suffering is the result of rigid thinking, a sense of superiority and judgment of others, which leads to separation rather than unity and tolerance for opposing viewpoints.

Can you accept the premise that your negative thought forms are also seeking release? They are rising to the surface of your consciousness, seeking illumination and truth, just as you are. You must take responsibility for what you create, moment to moment. Negative thoughts and actions result in distorted creations, discontent, and chaos.

We have explained that each Soul, before incarnating into a physical vessel, is given an allotment of Adamantine Particles of Life for personal use throughout their lifetime. If a person's allotment is used with loving intention for the greatest good, then the flow of full-spectrum Creator Light will continue throughout his/her lifetime. However, when a person becomes unloving, negative, and embittered, the access to the Sacred Heart and the Adamantine Particles of God Light are no longer available. Thereafter, he/she can only access the half-spectrum Light – or the primal life force substance – which can be re-qualified and used in a positive or negative way. **Remember, Adamantine Particles of Creator Light can only be activated and used with loving intention for the highest good of all.**

A young child's heart center is open wide, and the God particles flow freely. However, how long the heart center stays open depends on the love and nurturing they receive from their parents and those around them. Many dear Souls have placed an etheric shield of protection over their heart center so that the pain and suffering will not affect them so drastically; thereby, closing the door to their Sacred Inner Sanctum where their God Particles of Creation are stored. Along with the allotment of Adamantine Particles that were placed in each person's Sacred Heart Center, a smaller allotment was also placed within each of the major chakra centers of

the physical body. The largest portion was placed at the Root Chakra which the ancients called the Kundalini, the coiled serpent of fire or the Sacred Fire of Ascension.

There is an accelerated planetary initiation now in progress, and it is affecting everything on the Earth plane, especially sentient Beings. There is much fear and trepidation as the collective consciousness of humanity undergoes the **dramatic changes that occur at the closing of one age and the beginning of a more advanced era**. Especially, when much of what was considered to be of vast importance on the earthly plane slowly disappears. So-called Armageddon is part of the Third/Fourth-Dimensional reality. However, if your energy signature is of a higher, more balanced frequency, not many of the disruptive energies of change will affect you personally. There is also a great sense of anticipation and excitement for those who have learned to stay centered within the Sacred Heart. There are many probable futures before each of you, and it is important that you stay centered in the **NOW** moment. You may be led to change course several times as you slowly move into the fluidity of the higher dimensions; however, if you allow your Sacred Heart and your Higher Self to Light the way, you will never be led astray. The time lines of the future lead to higher, more stable ground, away from the broad spectrum of duality and the illusion of separation.

You are in the process of integrating the many fragments of Self you have created while in physical embodiment. This is in preparation for the merge with the many Facets of your Soul family, both on the Earth and within the many dimensions throughout the solar system and galaxy, and eventually, throughout the universe. There must be a reunification with Self and a return to your center of power which resides within your Sacred Heart. Once you make the connection with your Higher Self and begin the process of reuniting with all the Facets of your God Self (your White Fire God Seed Atom), the urge to reunite becomes a magnetic force that cannot be denied. Your Over-Soul which is composed of Creator Essence is your conscious guide and companion while in the physical vessel.

For a very long time the Soul has been only a faint whisper for most people, for the ego-desire personality was very strong and held a dominant position within. The initiation process begins when you slowly make way for the Soul to assume its proper place as director of your life. This eventually allows the Higher Self to take charge of your journey back into the realms of Light. Gradually, the narrow Silver Cord that is your life line to the Creator begins to widen until eventually it is the width of the crown of your head. That is when you tap into the flow of your Divine I AM presence and the Creator Particles of Love/Life begin to flow through and from you via the Infinity sign of life. This wondrous, luminescent Sacred Fire gives you access to your 'treasures stored in heaven,' which is an unlimited source of Creator Light as long as it is unconditional, pure, Love/ Light and used for the greatest good.

The Binary Sequencing / Infinity Breathing exercise, whereby the breath goes through the Medulla Oblongata (the Ascension chakra at the base of the skull), connects you to the Soul of the Earth and to the multiple realms of Light where the many Facets of Self reside until, eventually, you join with your Divine I AM Presence or God Self. The River of Life has a multitude of tributaries throughout the universe. Many of you, as you tap into your Sacred Mind and learn to stay centered within the Sacred Heart, are becoming conduits for the Adamantine Particles of Creator Consciousness. (*This exercise and the illustrations can be found in AA Michael's Study manual: Reference & Revelations <> Glossary & Illustrations, along with many other Ascension techniques, at: www.StarQuestMastery.com - 8x11 Spiral-Bound printed copy: \$20 + S&H or E-Book download: \$15.*)

First you must attune the Pineal and Pituitary glands to your Higher Self, which begins the process of dissolving the membranes of Light that guard the Sacred Mind. Your Sacred Mind makes the connection with

your Sacred Heart, and once the activated Adamantine Particles of God Consciousness begin to flow from the Sacred Heart to the Sacred Mind; the process of illumination accelerates. The Creator Light flows through the crown chakra and enters the Pineal Gland, promoting cellular awareness as it activates the Pituitary and Hypothalamus glands and courses through the brain structure into your Sacred Mind. It then flows down into the Sacred Heart where the particles of Creator Light are further activated through your loving intention. These activated God Particles of Light are now ready to assist you in creating anything you desire as long as your intention is for the greatest good of all. The voice of your Higher Self becomes clearer and the nudgings of your Sacred Heart, called your *intuition* become stronger.

The question has been asked: “What is the difference between intuition and inspiration?”

INTUITION means to understand a concept or certain information immediately, without conscious reasoning. Your Higher Self speaks to you via your intuition, and eventually, clears the pathway to your God Self and the wisdom stored within the cosmic records. Your intuition also gives you signals via a feeling of something being right or your truth, or a feeling of dread or discomfort when something is wrong or not in alignment with the higher frequencies of Light.

INSPIRATION means the process or quality of being inspired, such as when a sudden timely or unusual idea, sometimes about something that you were not aware of before pops into your mind. Channeling or messages from your angelic guides and teachers often leads to inspired concepts or awareness of things beyond the realm of your knowing. **Intuition is validated via the mind first and then through the heart, whereas inspiration is validated through the heart first and then through the reasoning processes of the mind.**

Your perception of time and space is rapidly changing as you learn to focus more on the moment instead of vacillating between the past and the future, with only moments of concentrated awareness of the present. Feelings of separation, isolation and judgment are being replaced by a sense of unity consciousness, which will eventually lead to a sense of oneness with all Creation. The Earth and humanity are in the process of becoming harmonious or balanced higher Third- and Fourth-Dimensional Beings. There is no greater gift than to, once again, connect with the Full spectrum Light of the Creator so that you may magnetize the greatest amount of Adamantine Particles of Light to you. After taking what you personally need, you must then share this gift by radiating the remaining Love / Light out into the world. Once the River of Life begins to course through your physical body and out into the world, you will be well on your way to Self-mastery, and your personal world will forever be changed.

Remember, we have explained to you in the past that the Third and Fourth dimensions are not ‘bad or evil.’ The Divine Blueprint Frequency Patterns became distorted and inharmonious because the pendulum of Light and shadow swung too far off center over these many past Ages. Ascension requires each person to heal the past or in other words, to clear the major discordant vibrational patterns within so their energetic signature is once more attuned to, at least, the accepted levels of duality within the seven sub-levels of Third / Fourth Dimensions.

The earthly Souls who are awakening and who have consciously begun the journey of Ascension are in the process of becoming higher Fourth-dimensional Beings. However, the consciousness of many advanced Souls, those we call StarSeeds, are in the process of tapping into many various Fifth-Dimensional levels of awareness. You will retain your bodies of flesh; however, your health will improve, and your vitality and sense-of-well-being will increase. The Earth will still be solid, and duality / polarity will still be present; however, the spectrum of Light and shadow will return to its original Divine Blueprint.

As the higher frequencies of Light permeate the Earth, the mass consciousness belief structure will gradually return to more harmonious frequency patterns so that all dimensional levels of Earthly consciousness may begin to incorporate the higher, more refined truths. Those who continue their old negative, out-of-balance thought patterns will experience the effect of their choices much more quickly, sometimes almost instantaneously.

Believe it or not, there were some advantages in the withdrawal of a major portion of your manifestation abilities in the past. We have told you that the Red (exoteric or physical plane color) of the First Ray of Divine Will and Power to create was mostly withdrawn after the Earth and humanity sank into the density of the Third / lower-Fourth-Dimensional environment. That was done so that humanity would not destroy itself during the Ages of extreme duality. That period is swiftly coming to a close as humanity gradually awakens and regains the ability to ingest more Spiritual Light.

Remember, originally, you were brought forth from the Sacred Heart Core of the Supreme Creator as a White Fire Seed Atom, from which comes the saying, "Made in the image and likeness of God." The Light of the Supreme Creator contains energy, intelligence, and everything necessary to create worlds without end, and to fulfill the many unique Divine plans. You are being given an opportunity to become a cocreator of the highest order; however, you must step out of your comfort zone and reclaim your birthright. Follow the path of Light, beloveds; the time of the grand reunion is at hand. You are loved most profoundly. I AM ARCHANGEL MICHAEL.

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LOVE NOTE FROM RONNA

Beloved friends, as another year slips into the past, it is important that we reflect on what has taken place; the challenges we have met and overcome; the gains we have made and the obstacles that we must surmount in the future. As the boundaries of our reality become more defined, and we allow much of what we thought was important to slowly fade into the past, we must become wiser and more discerning in our choices. When we cling to people or things which no longer fit in our new reality, the sense of being out of harmony becomes more pronounced. By stating, "Thy will be done" we gave our Higher Selves permission to increase our intuitive abilities, which include knowing almost instantly when we have made right or wrong choices. By doing so, we can quickly rectify any actions that veer us off the straight and narrow path of Ascension.

We, as faithful followers of the Light, must be ever vigilant in our thoughts and actions to be sure that we are always in alignment with our Divine mission. Beloved Michael has said that we, as the StarSeed vanguard sentinels of Light, have the ability to overcome or neutralize the negative thought forms of at least 100,000 people who are still functioning within the restraints of the Third/Fourth-Dimensional illusion. 2023 will be a year of ENDINGS and NEW BEGINNINGS. Our mission is to help to build a firm foundation for the future of all humanity. Your inner strength and wisdom will serve you well if you stay centered within your Sacred Heart—as you become

a master of Self and a conveyer of the rarified particles of God Consciousness.

Shine your Light, dear friends, and as our circles of influence radiate further and further out into the world, one day the circles of Light will overlap, and our combined illumination will burst into pure God Light and surround the world. I consider each and every one of you to be my Soul companion on the journey, and I look forward to our grand reunion. Eternal love and angel blessings, Ronna

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>> Your major goal at this time is to return the frequency patterns of your personal Third- / Fourth-Dimensional reality to the originally designed, harmonious spectrum of Light and shadows. In doing so, your pendulum of consciousness will not swing so radically from positive to negative energy and your mental and emotional natures will become stabilized and centered. This is an important step in learning to live centered within your Sacred Heart and Sacred Mind. As you elevate your vibrational patterns, the higher frequencies of Light will gradually dissolve the many membranes of Light that restrict you from accessing your higher consciousness. Once this occurs, you are well on your way to becoming a conscious, Soul-inspired Self-master. ** \$8.88 ** 8 ½ X 11 SPIRAL-BOUND PRINTED BOOK: \$12.88 * Plus S & H